



eSafety
Commissioner

Kinship Carers
VICTORIA
Resources



WEBINARS FOR PARENTS AND CARERS

<https://www.esafety.gov.au/parents/webinars>

Join the e-safety commission's free webinars for parents and carers

These live webinars give parents & carers the knowledge, skills & tools to support their children to have safer online experiences.

SOCIAL MEDIA AGE RESTRICTIONS EXPLAINED – A GUIDE FOR PARENTS AND CARERS

From 10 December 2025, certain social media platforms won't be allowed to let Australian children under 16 create or keep an account. Join this information session to understand the changes. [Learn more about this webinar.](#)

UNDERSTANDING AI COMPANIONS: WHAT PARENTS AND CARERS NEED TO KNOW

AI chatbots and companions that act like friends or partners are becoming more common – but they can be risky to children and young people. This webinar explores the risks to look out for and how to talk to your child about them. [Learn more about this webinar.](#)

AI-ASSISTED IMAGE-BASED ABUSE: NAVIGATING THE DEEPFAKE THREAT

AI tools are evolving fast – and some are being misused in ways that can harm or exploit children and young people, including through the creation of deepfakes and digitally altered images. This webinar covers how these technologies are being used, their impact and how to support and protect your child. [Learn more about this webinar.](#)

ALGORITHMS AND ADOLESCENTS: THE REWARDS AND RISKS OF RECOMMENDER SYSTEMS FOR YOUNG PEOPLE

Algorithms and AI are influencing how young people experience the online world. This webinar explores both the benefits and risks of recommender algorithms, including how they affect the content young people see and what you can do to protect your child from the potential harms. [Learn more about this webinar.](#)

THE CHANGING FACE OF CYBERBULLYING: PROTECTING YOUR CHILD

Cyberbullying is evolving, with the use of AI-powered tactics, coded emoji language, and the covert manipulation that many adults may miss. This webinar helps parents spot the signs, build support at home and guide children on how to respond and stay safe. [Learn more about this webinar.](#)

SUPPORTING HEALTHY TECH USE AS YOUR CHILD TRANSITIONS INTO SECONDARY SCHOOL

This webinar explores the social pressures, peer influences, and technological challenges young people face as they transition into secondary school. It also offers practical strategies for navigating online friendships and connections to help minimise negative experiences. [Learn more about this webinar.](#)

UNDERSTANDING AND USING PARENTAL CONTROLS TO HELP PROTECT YOUR CHILD ONLINE

Parental controls can be a useful addition to the strategies you use to help protect your child online. This webinar covers the types of controls available, and how to use them alongside other online safety measures. [Learn more about this webinar.](#)

RECOGNISING ONLINE COERCIVE CONTROL IN YOUNG PEOPLE'S LIVES

It's not always easy to spot when a relationship becomes controlling, especially for young people. This webinar will explore how tech-based coercive control impacts young people, the red flags to watch for and practical ways to support those experiencing it. [Learn more about this webinar.](#)