

Prison Network (PN) supports women who are in prison or who have been in prison. PN journeys with women in and beyond prison, providing the support and the courage they need to navigate positive pathways

PN provides 'Keeping Kids Connected' programs help mothers maintain positive connections with their children.

PN supports caregivers, and their families, taking on the care of children with a mother in prison

## Family Support



Experiencing a mother going to jail is a traumatic experience comparable to the death of a parent. Unlike bereavement, children whose mothers are incarcerated do not

receive the same support, empathy, and practical assistance. PN aims to minimise that impact by creating opportunities for children to positively connect with their mothers and share meaningful, fun experiences together.

## Support for Carers and Children

One on one support is provided to children and teenagers who are significantly impacted by their mother being in prison. This support is also extended to guardians and carers who require emotional and parenting support, material aid, assistance with navigating the education and prison systems, and food relief.



## School Holiday Camps

Children with a mother in prison are supported to go on school holiday adventure camps, including transport to and from camp, after-camp packages, as well as sleeping bags and appropriate clothing. School holidays can be a difficult time for children who have an absent mother, as well as the carers/guardians. The camps are fun and help build confidence and friendships.



## Fun With Mum

Held weekly (Sundays) at Dame Phyllis Frost Centre this program provides a range of fun activities for mothers to participate in alongside their children to encourage positive experiences, healthy attachment, and happy memories.

## Transportation

Transport can be provided for Sunday fun day for children to visit mothers providing respite for carers on that day if the lack of available transport will keep them from seeing their mother.

<https://www.prisonnetwork.org.au/our-work#family-support>

Prison Network's Family Support Worker, Bronwen, can help connect you to the supports you need and guide you through challenges that arise:

Contact Bronwen on **0413 513 508** or [bhocking@prisonnetwork.org.au](mailto:bhocking@prisonnetwork.org.au)

<https://www.prisonnetwork.org.au>