



orygen

# Orygen

**Research, policy, education,  
& innovations in care –  
focusing on youth mental  
health**

[www.orygen.org.au](http://www.orygen.org.au)

**Orygen's vision is for all young people to enjoy optimal mental health as they grow into adulthood. Their goal is to see young people with mental ill-health getting well and staying well.**

One in five young people will have experienced a depressive episode by the time they turn 18. Orygen believe in treating early and focusing on recovery.

Orygen's research is world-leading, impactful and creates change. Working directly with young people, their families and friends, they pioneer new, positive approaches to the prevention and treatment of mental disorders.

Orygen advocate and make sure that policy makers understand the need and cost of mental ill-health in young people.

Orygen educate. They use their research and evidence-based practice to develop innovative training programs and resources.

## Clinical Care services

Aboriginal and Torres Strait Islander-specific programs

After hours services

Employment and education services

Low intensity services

Orygen in schools

Enhancing Mental Health Supports in Secondary Schools

Doctors in secondary Schools (DISS)

Orygen Specialist Program

Orygen headspace centres

Youth Enhanced Services

**Based on evidence and best practice, Orygen's programs address gaps in youth mental health services, embrace mental health, alcohol and other drugs, primary care and educational services.**

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