



# Grief Australia



**Call 1800 642 066  
or (03) 9265 2100  
for support**

**Grief Australia is funded by the Victorian Department of Health to provide a statewide specialist bereavement service for individuals, children and families who need assistance following the death of someone close to them.**

GA offers the following groups: Talking Grief Support Group, Bereaved Partners Remembrance Group, Kids Grieve Too (KG2), Parents Remembrance Group, Bereavement at the Bar, Bereaved Fathers Support Group, COVID-19 Bereavement Support Group, Companion Animal Loss Group

MyGrief App – This app provides 24-hour support to grieving people and those who support them – in the palm of their hands. Includes Apple IOS and Android versions

## Service Areas

- Grief and sleep
- Grief, anniversaries and significant events
- Grief of families and friends after a voluntary assisted death
- Bereavement in the workplace
- Support someone who is grieving
- Grieving when your loss is not supported by others
- Grief on Father's Day
- Grief and Mother's Day
- Companion animal loss
- Grief and children – aged 6-12
- Adolescents and grief

<https://www.grief.org.au>